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- Lifestyle precautions to prevent wrinkles
Dietary changes to prevent and reduce wrinkles

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Droopy eyebrows and eyelids
Crow’s feet wrinkles
Miniature wrinkles
Pre-jowl sulci and marionette lines
Nasolabial folds, chin wrinkle and loose skin folds under the chin

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Frown lines
Nasion wrinkles
Droopy eyebrows
Droopy upper and lower eyelids
Crow’s feet wrinkles
Perioral wrinkles
Marionette lines
Pre-jowl sulci
Nasolabial grooves
Chin wrinkle
Small wrinkles
Miniature wrinkles
Sharp and deep wrinkles
Loose skin folds under the chin

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