

EXAMINATION - ADVANCED ANTI-AGING THERAPY CERTIFICATION (AAAC)

Learning material: The courses of the Advanced Anti-Aging Certification

All information necessary to successfully pass the exam is in the following **20** online video or on stage group of courses:

1. Senescence: Basics
2. Genetic Typing Tests
3. Diet: Protein-, Carbohydrate- & Fat-rich Foods
4. Diet: Healthy & Toxic Drinks
5. Diet: Toxic Foods & Food Preparation
6. Digestion: Improving the Gut
7. Weight Loss Diets
8. Better Life Psychology
9. Male & Female Sexuality
10. Physical Exercise
11. Pollution & Environmental Medicine
12. Nutritional tests, Vitamin & Mineral Therapies
13. Trace Element, Amino & Fatty Acid Therapies
14. Psychic Disorders: Nutritional Therapies
15. Cardiovascular Diseases: Nutritional Therapies
16. Genital & Other Cancers: Nutritional Therapies
17. Hormone Therapy Consultation: Basics
18. Major Hormone Therapies
19. Stem Cell Therapies
20. Nutritional & Hormone Therapy Workshop 1