

International Hormone Society

Basic level Certification:

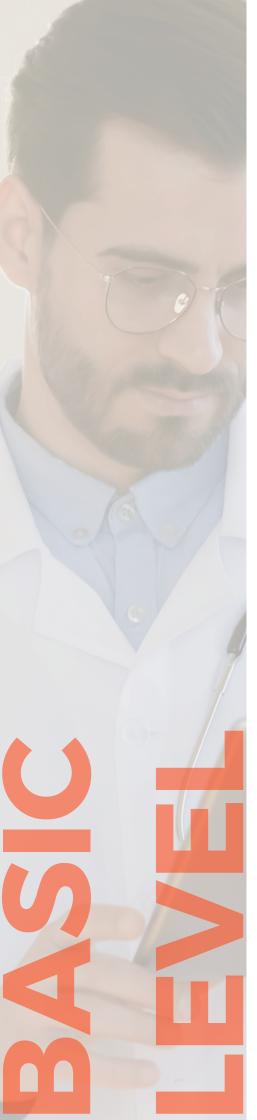
Hormone Therapies for Pre- and Postmenopausal Women

*Please note that this program is also available at an expert level.

Courses extracted from the Evidence-Based Postgraduate Training Program

This training is highly updated, evidence-based, practical, and highly interactive through webinars and pre-recorded videos.





Thyroid Supplementation

Hypothyroidism: DiagnosisHypothyroidism: Treatment

Estrogen & Progesterone Supplementation in Women

- Female hormone deficiency: Diagnosis
- Female hormone deficiency: Hormone and nutritional treatments
- Female hormone therapy adjustments: How to solve problems and special cases

Testosterone Supplementation in Women

- Testosterone deficiency in women: Diagnosis
- Testosterone deficiency in women: Hormone and nutritional treatments

Adrenal Hormone Therapies

- DHEA: Diagnosis (medical history, complaints, physical signs, lab tests)
- DHEA: Treatment
- Aldosterone & pregnenolone therapies: Part 1 & 2

Melatonin Supplementation

Melatonin deficiency: DiagnosisMelatonin deficiency: Treatment

Reversing Physical Aging

- Reversing physical aging: Basic hormone therapies
- Reversing physical aging: Systemic and topical hormone therapies

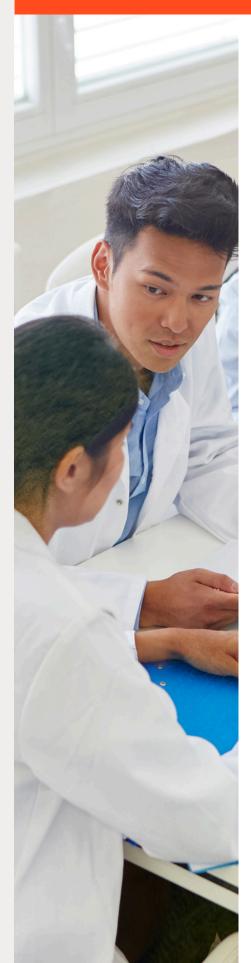
Sexual disorders: HormoneTherapies

- Hormone Therapies for female sexuality
- Oxytocin deficiency & treatment

Weight Loss Management

- Diets that help reduce weight: Paleo diet, fasting, ketogenic diet...
- | Slimming hormone treatments (Part 1): GH, IGF-1
- Slimming hormone treatments (Part 2): testosterone, estrogen, and progesterone in women

Why should you get the Hormone Therapies for Pre- and Postmenopausal Women: Basic certification?



- + To improve your skills in basic hormone and nutritional therapies for women in pre-and postmenopause with recent studies.
- + To obtain an official certification for your medical competence in hormone therapy, acknowledged by the International Hormone Society (IHS).
- + To join the movement of more than 2.500 physicians of the International Hormone Society, the IHS community.
- + To get access to the scientific references available on the International Hormone Society website.

Advice

- + The Basic Hormone Therapies for Pre-and Postmenopausal Women Certification is the most updated hormone training program specialized for women's treatment.
- + With the finest e-learning materials of the highest quality.

The Hertoghe Medical School presents <u>8 short modules</u> comprising <u>19 lectures</u> of approximately 2 hours in Hormone Therapies for Preand Postmenopausal Women. Through this certification, you will have access to all the <u>knowledge</u> you need to treat women in Pre- and Postmenopause with <u>essential hormones and nutritional therapies</u>.

If you desire to acquire an expert level, we recommend taking directly the expert level of this certification for Pre- and Postmenopausal Women therapies which goes more in-depth.

This training is highly evidence-based, updated, practical, and highly interactive through webinars and prerecorded videos. This program is based on Dr. Hertoghe's extensive medical experience and knowledge.

Costs

The fee for the Hormone Therapies for Pre- and Postmenopausal Women: Basic Level certification:

PACKAGE PRICE = 2.945€ 2.750€