



International Hormone Society

Basic level Certification:

Hormone Therapies for Pre- and Postmenopausal Women

*Please note that this program is also available at an expert level.

Courses extracted from the Evidence-Based Postgraduate Training Program

This training is highly updated, evidence-based, practical, and highly interactive through webinars and pre-recorded videos.



International Hormone Society

The Educational Board of the International Hormone Society certifies that

Dr. Xue Fang Ch'en

has satisfied all the requirements for the Basic level Certification: Hormone Therapies for Pre- and Postmenopausal Women open to physicians of all medical disciplines, including knowledge and expertise in

Thyroid Supplementation, Estrogen & Progesterone Supplementation, Adrenal Hormone Therapies, Melatonin Supplementation, Reversing Physical Aging, Sexual Disorders: Hormone Therapies, and Weight Loss Management.

Acquiring the

Basic level Certification:

**Hormone Therapies for
Pre- and Postmenopausal Women**

with

Great Distinction


THIERRY HERTOICHE, MD

Director of the Educational Board
of the International Hormone Society
President of the International Hormone Society
Responsible for Europe


ITALO RACHID, MD

Vice-president of
the International Hormone Society
Responsible for Latin-America


RONALD ROTHENBURG, MD

Vice-president of
the International Hormone Society
Responsible for North-America


DEBY VINSKY, MD

Vice-president of
the International Hormone Society
Responsible for Asia

BASIC LEVEL

Thyroid Supplementation

- | Hypothyroidism: Diagnosis
- | Hypothyroidism: Treatment

Estrogen & Progesterone Supplementation in Women

- | Female hormone deficiency: Diagnosis
- | Female hormone deficiency: Hormone and nutritional treatments
- | Female hormone therapy adjustments: How to solve problems and special cases

Testosterone Supplementation in Women

- | Testosterone deficiency in women: Diagnosis
- | Testosterone deficiency in women: Hormone and nutritional treatments

Adrenal Hormone Therapies

- | DHEA: Diagnosis (medical history, complaints, physical signs, lab tests)
- | DHEA: Treatment
- | Aldosterone & pregnenolone therapies: Part 1 & 2

Melatonin Supplementation

- | Melatonin deficiency: Diagnosis
- | Melatonin deficiency: Treatment

Reversing Physical Aging

- | Reversing physical aging: Basic hormone therapies
- | Reversing physical aging: Systemic and topical hormone therapies

Sexual disorders: Hormone Therapies

- | Hormone Therapies for female sexuality
- | Oxytocin deficiency & treatment

Weight Loss Management

- | Diets that help reduce weight: Paleo diet, fasting, ketogenic diet...
- | Slimming hormone treatments (Part 1): GH, IGF-1
- | Slimming hormone treatments (Part 2): testosterone, estrogen, and progesterone in women

Why should you get the Hormone Therapies for Pre- and Postmenopausal Women: Basic certification?

- + To **improve your skills** in basic hormone and nutritional therapies for women in pre-and postmenopause with recent studies.
- + To obtain an **official certification** for your medical competence in hormone therapy, acknowledged by the International Hormone Society (IHS).
- + To **join** the **movement** of more than 2.500 physicians of the International Hormone Society, the IHS community.
- + To get **access** to the **scientific references** available on the International Hormone Society website.

Advice

- + The Basic Hormone Therapies for Pre-and Postmenopausal Women Certification is the most **updated** hormone training program specialized for women's treatment.
- + With the finest e-learning materials of the **highest quality**.

The Hertoghe Medical School presents **8 short modules** comprising **19 lectures** of approximately 2 hours in Hormone Therapies for Pre- and Postmenopausal Women. Through this certification, you will have access to all the **knowledge** you need to treat women in Pre- and Postmenopause with **essential hormones and nutritional therapies**.

If you desire to acquire an expert level, we recommend taking directly the expert level of this certification for Pre- and Postmenopausal Women therapies which goes more in-depth.

This training is highly **evidence-based, updated, practical**, and highly interactive through webinars and prerecorded videos. This program is based on Dr. Hertoghe's extensive **medical experience** and **knowledge**.

Costs

The **fee** for the Hormone Therapies for Pre- and Postmenopausal Women:
Basic Level certification:

PACKAGE PRICE = ~~2.945€~~ 2.750€

