

Get your Expert Level Certification: Hormone Therapies for Men



International Hormone Society

Expert level Certification:
Hormone Therapies for Men

Courses extracted from the Evidence-Based Postgraduate Training Program

This training is highly updated, evidence-based, practical, and highly interactive through webinars and pre-recorded videos.



The Hormone Consultation

- | Hormone consultation and actual complaints
- | Physical examination: Part 1 (scalp hair, face, neck)
- | Physical examination: Part 2 (chest, abdomen, back, arm, hands, etc.)
- | Laboratory hormone tests: Interpretation
- | Hormone treatments: Part 1 (GH, melatonin, thyroid, cortisol, DHEA, aldosterone, pregnenolone, & insulin)
- | Hormone treatments: Part 2 (testosterone, oxytocin, vasopressin, MSH, ACTH, PTH, calcitonin, thymosin-a-1, IGF-1, & EPO)
- | Hormone consultation follow-up
- | Extra learning material "patient cases"
- | Extra learning material "Patients and colleagues questions"

Thyroid Supplementation

- | Hypothyroidism: Diagnosis
- | Hypothyroidism: Treatment
- | Adjustments of thyroid therapy to disease
- | Autoimmune thyroiditis, hyperthyroidism: Diagnosis and treatment

Testosterone Supplementation in Men

- | Testosterone deficiency in men: Diagnosis and nutritional treatment
- | Testosterone deficiency in men: Treatments
- | Adjustments of testosterone therapy to disease in men
- | Genital cancers and male hormones in men: Management, scientific facts

Adrenal Hormone Therapies

- | Cortisol: Diagnosis
- | Cortisol: Treatment
- | DHEA: Diagnosis (medical history, complaints, physical signs, lab tests)
- | DHEA: Treatment
- | Aldosterone & pregnenolone therapies: Part 1 & 2
- | Patient cases: Cortisol, DHEA, fludrocortisone, and pregnenolone therapies

Melatonin Supplementation

- | Melatonin deficiency: Diagnosis
- | Melatonin deficiency: Treatment
- | Adjusting melatonin treatment to disease
- | Melatonin therapy: Its potential to treat disease

Growth Hormone and IGF-1 Supplementation

- | Growth hormone deficiency: Diagnosis
- | Growth hormone: Treatment (subcutaneous GH injections; other hormone influences on GH, how GH improves the body, use of GH fragments)
- | IGF-1 deficiency: Diagnosis & treatment
- | Growth hormone & IGF-1 beneficial effects in disease (Part 1)
- | Growth hormone & IGF-1 beneficial effects in disease (Part 2)
- | Patient cases with GH and IGF-1 treatments
- | Additional learning material: Growth hormone & IGF-1 controversies

Sexual Disorders: Hormone Therapies

- | Hormone therapies that improve a man's sexuality
- | Hormone therapies that improve a man's erectile function & related disorders
- | Oxytocin deficiency & treatment

Chronic Fatigue & Burnout: Hormone and Nutritional Therapies

- | Dietary and nutritional supplementations for fatigue
- | Hormone supplementations for chronic fatigue syndromes, part 1
- | Hormone supplementations for chronic fatigue syndromes, part 2
- | Burnout syndrome: Hormone and nutritional supplementations

Psychological & Psychiatric Disorders: Anxiety, Depression, Low-stress Resistance, Psychosis: Hormone Therapies

- | Anxiety disorders: Hormone therapies part 1 & 2
- | Depressive disorders: Hormone treatments part 1 (thyroid, testosterone in men)
- | Depressive disorders: Hormone treatments part 2 (cortisol, DHEA, aldosterone, growth hormone, melatonin, oxytocin)
- | Low-stress resistance: Hormone therapies

Reversing Physical Aging

- | Reversing physical aging: Dietary, environmental and nutritional therapies
- | Reversing physical aging: Basic hormone therapies
- | Reversing physical aging: Systemic and topical hormone therapies
- | Reversing the aging of the 5 senses with hormone and nutritional therapies
- | Restoring scalp hair aging and disorders with hormone therapies
- | Reversing face and skin aging with hormone therapies
- | Reversing neck, chest, abdomen, back, and arm aging with hormone therapies
- | Reversing leg, pelvis, and genital aging with hormone therapies


Longevity: Hormone and Nutritional Therapies

- | Longevity factors and pharmaceutical drugs to live longer
- | Diets, foods, and drinks to live longer
- | Centenarian longevity factors and psychological attitudes to live longer
- | Centenarian hormone & nutritional levels
- | Hormone therapies to live longer: Growth hormone and thyroid
- | Hormone therapies to live longer: Melatonin, DHEA, cortisol, aldosterone
- | Hormone therapies to live longer: Testosterone in men

Weight Loss Management

- | Lifestyle, sports, and psychology for weight loss management
- | Diets that help reduce weight: Paleo diet, fasting, ketogenic diet...
- | Appetite reduction by relaxing and reducing stress, increasing energy levels, expressing emotions inside oneself, improving sleep...
- | Slimming hormone treatments: GH, IGF-1, testosterone in men
- | Slimming appetite-reducing hormone therapies: GLP-1, HCG

Why should you get the Expert Certification in Hormone Therapies for Men?

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- + To **become an expert** in extensive hormone and nutritional therapies for men with recent studies.
 - + To obtain an **official certification** for your medical expertise in hormone therapy, acknowledged by the International Hormone Society (IHS).
 - + To **join the movement** of more than 2.500 physicians of the International Hormone Society, the IHS community.
 - + To get **access** to the **scientific references** available on the International Hormone Society website.

Advice

- + Hormone Therapies for Men Expert certification is a highly **updated** hormone training program specialized for men's treatment.
- + With the finest e-learning materials of the **highest quality**.

The Hertoghe Medical School presents **12 modules** comprising **65 lectures** of approximately 2h to obtain an expert level in Hormone Therapies for men's treatment. Through this certification, you will have access to all the **deep knowledge** you need to become a specialist in treating men with **extensive hormones and nutritional therapies**.

This training is highly **evidence-based, updated, practical**, and highly interactive through webinars and prerecorded videos. This program is based on Dr. Hertoghe's extensive **medical experience** and **knowledge**.

Costs

The **fee** for the **Expert Certification in Hormone Therapies for Men**:

PACKAGE PRICE = ~~8.740€~~ 8.400€