

# Get your Board Certification in Hormone Therapy



## International Hormone Society

### Board Certification in Hormone Therapy

The board certification for physicians, organized by the International Hormone Society, is obtained by successfully passing an exam, which officially confirms a physician's expertise in the 12 major hormone treatments.



International Hormone Society

The Educational Board of the International Hormone Society certifies that

## Dr. Vitória Gonçalves

has satisfied all the requirements for the Board Certification in Hormone Therapy open to physicians of all medical disciplines, including knowledge and expertise in the 12 most important hormone treatments: Melatonin therapy, Growth hormone therapy (in adults), Thyroid therapy, Cortisol therapy, Oxytocin therapy, DHEA therapy, Pregnenolone therapy, Aldosterone therapy, Estrogen and progesterone therapies (in women), Testosterone therapy (in men & women), and Vasopressin therapy.

Acquiring the

## Board Certification in Hormone Therapy

with

## Great Distinction

Brussels, June 16th 2022

THIERRY HERTOCHÉ, MD  
Director of the Educational Board  
of the International Hormone Society  
President of the International Hormone Society  
Responsible for Europe

ITALO RACHID, MD  
Vice-president of  
the International Hormone Society  
Responsible for Latin-America

RONALD ROTHENBURG, MD  
Vice-president of  
the International Hormone Society  
Responsible for North-America

DEBY VINSKY, MD  
Vice-president of  
the International Hormone Society  
Responsible for Asia

# Why should you as a physician get the Board Certification in Hormone Therapy?



- + To **improve your skills** in diagnosing and treating hormone deficiencies.
- + To get you an **official certification** for your medical skills in hormone therapy, acknowledged by an international medical and scientific organization, the International Hormone Society.
- + To raise **enthusiasm**: it is a pleasure for physicians to feel they master the basic and many advanced skills in hormone therapy.
- + To **join the movement** of more than 2500 physicians of the International Hormone Society, the IHS community.
- + To **get access** to the scientific references of the International Hormone Society website.

## Advice

- + If you start to learn about hormone therapies, the Board Certification in Hormone Therapy is the **first** certification to acquire.
- + With the finest e-learning materials of the highest quality.

# Content and Exam

## Board Certification in Hormone Therapy



### | Content: The 12 most important hormone treatments

- + Melatonin treatment

#### Pituitary hormones:

- + Adult growth hormone treatment
- + Oxytocin treatment
- + Vasopressin treatment
- + Thyroid treatment

#### Adrenal hormones:

- + Cortisol/glucocorticoid treatment
- + DHEA treatment
- + Aldosterone/fludrocortisone treatment
- + Pregnenolone treatment

#### Sex hormones:

- + Estrogen treatment in women
- + Progesterone treatment in women
- + Testosterone treatment in men and women

### | Time necessary to study the learning material to pass the exam successfully

- + Experienced physicians: 70-140 hours
- + Inexperienced physicians: 100-200 hours

### | Questions

Multiple choice questions (5 questions)

### | Answers

Only 1 answer per question is allowed

### | Points attributed

- + +1 point for each correct answer
- + -0.2 point for a wrong answer

### | Questions on

- + Medical history
- + Symptoms and signs of hormone deficiency (including recognizing the hormone deficiency that causes a physical sign on color pictures)
- + Laboratory tests
- + Hormone treatments: Doses, routes of administration
- + Follow-up, including how to solve problems occurring during hormone treatment

### | Difficulty

Fair: 75-80% of candidates pass the exam at their first trial

### | Scores

60% of the points must be obtained

# The Exam

## Board Certification in Hormone Therapy

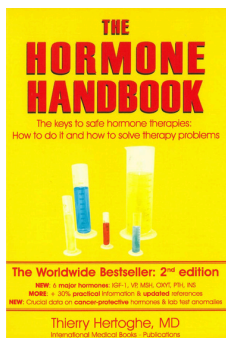


### Costs

The fee for the Board Certification in Hormone therapy is €2070, consists of:

- + Examination fees: €1500 to take the exam (In case of failure: €500 to repass the exam)
- + Learning material: €570 for the 2 books

+ Hormone Handbook: €290

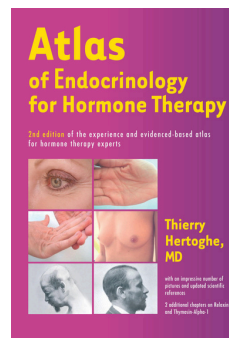


833 pages

Material for the exam is about 35% of the whole book

(Pages: 3-39, 43-73, 91-142, 183-242, 267-345, 361-375, 379-420)

+ Atlas of endocrinology for hormone therapy: €280



416 pages

Material for the exam is about 60% of the book

(Pages: 16-36, 69-76, 88-101, 110-116, 124-146, 208-219, 238-244, 250-258, 268-274, 310-318, 334-340, 348-355, 364-376)

## Conditions for the Board Certification in Hormone Therapy

### 5 Essential conditions

1. Register online: [www.hertoghemedicalschool.eu](http://www.hertoghemedicalschool.eu), search for IHS board certification in hormone therapy ([www.hertoghemedicalschool.eu/shop/onlineexamination/ihs-board-certification-in-hormone-therapy](http://www.hertoghemedicalschool.eu/shop/onlineexamination/ihs-board-certification-in-hormone-therapy))
2. Payment of 2070 euros: exam fee + the 2 study books. (Payment is possible by bank transfer or Paypal at [www.hertoghemedicalschool.eu/shop/onlineexamination/ihs-board-certification-in-hormone-therapy](http://www.hertoghemedicalschool.eu/shop/onlineexamination/ihs-board-certification-in-hormone-therapy))
3. University medical doctor's license/diploma or registration in the medical board: Copy to send to [office@hertoghe.eu](mailto:office@hertoghe.eu)
4. At the written exam bring the 2 original books as proof of purchase
5. Exam: 60% or more of the points must be obtained to pass the exam successfully

For questions

contact: [medschool@hertoghe.eu](mailto:medschool@hertoghe.eu) or 00-352 621204289

Including to know when or where you can pass the examination