Get your diploma in Essential Hormone Therapy



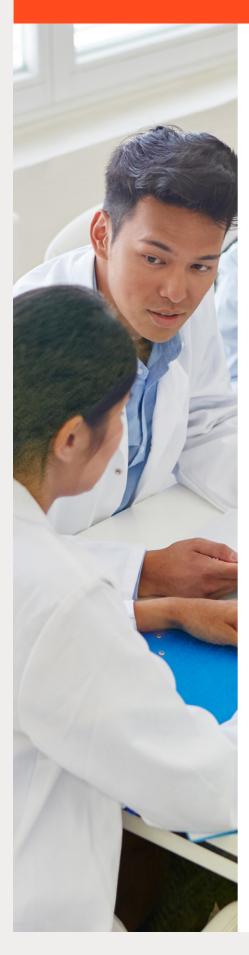
International Hormone Society

Essential Hormone Therapy Training Program

The Essential Hormone Therapy Training Program is a short training program organized by the International Hormone Society, and confirms a physician's deeper knowledge of 15 hormone therapies. Excellent to start well hormone diagnoses and therapies, acquire useful scientific knowledge, and proceed with safety and know-how in hormone therapies.



Why should you as a physician get the Essential Hormone Therapy diploma?



- + To learn the essential scientific information and practical knowhow in 15 hormone therapies. Get specific information on how to start your hormone therapy consultation, optimize hormone levels, treat with more than 15 hormones, cure and prevent diseases, etc.
- + To get you an official certification for your medical skills in hormone therapy, acknowledged by the International Hormone Society (IHS) and the president Dr. Thierry Hertoghe.
- + To raise enthusiasm: it is a pleasure for physicians to feel they master the basic and many of the advanced skills in Hormone Therapy.
- + To join the movement of more than 2500 physicians of the International Hormone Society; the IHS community.

Advice

- + The Essential Hormone Therapy Training Program is a short training program in hormone therapy, more extensive than the Board Certification in Hormone Therapy.
- + With the finest e-learning materials of the highest quality.

Content

Essential Hormone Therapy Training Program



- | 15 online video modules (approximately 65 hours)
 - + Hormone therapy consultation: basics
 - + Hormone level & therapy optimization
 - + Endocrine disorders: nutritional therapies
 - + Endocrine system pollutants
 - + The 15 major hormone therapies
 - + Melatonin therapy
 - + Thyroid deficiency & treatment
 - + Growth hormone & IGF-1 treatments in adults
 - + ACTH & MSH therapies
 - + Thymus hormone & extract therapies
 - + DHEA, cortisol, aldosterone & pregnenolone therapies
 - + Estrogen & progesterone therapies in women & men
 - + Testosterone therapy in men & women
 - + Hormone therapies to cure or prevent disease
 - + Bone hormone therapies

| Questions

Multiple choice questions (5 questions)

| Answers

Only 1 answer per question is allowed

| Points attributed

- + +1 point for each correct answer
- + -0.2 point for a wrong answer

| Scores

60% of the points must be obtained

The Exam

Essential Hormone Therapy Training Program

Costs

The fee for the Essential Hormone Therapy Training Program is €3500, consists of:

- + Learning material: €3000
- + Examination fees: €500 to take the exam
 (In case of failure: €250 to repass the exam)

Conditions for the Essential Hormone Therapy Training Program

4 Essential conditions

- 1. Register online: https://bit.ly/essential-training-IHS
- 2. Payment of 3500 euros (Payment possible by bank transfer or Paypal)
- 3. University medical doctor's license/diploma or registration in the medical board: Copy to send to office@hertoghe.eu
- 4. Exam: 60% or more of the points must be obtained to pass the exam successfully.

For questions contact: medschool@hertoghe.eu or 00-352 621204289 Including to know when or where you can pass the examination

The Exam

Examples of questions

Which statement about calcitonin is wrong (please indicate only one statement):

• The serum calcitonin level increases with age in women

- o Calcitonin inhibits platelet aggregation in vitro and in vivo
- Patients with osteoporosis and osteopenia have been found to have lower calcitonin levels
- O Calcitonin increases bone density
- Calcitonin decreases pain

Pregnenolone's natural metabolites are the following, except one (indicate the one wrong answer):

- o Estrone
- o Calcitonin
- Cortisol
- o Testosterone
- o Aldosterone

The following psychic complaints are suggestive of pregnenolone deficiency. Which statement fits the best?

- Exhaustion, lack of recovery, lack of inner peace, constant anxiety, sharp verbal retorts, dramatizing, sense of powerlessness, low self-esteem, social isolation
- Morning fatigue, fatigue at rest, morning depression, slowness or (compensatory) hyperactivity, feeling sleepy at rest, apathic, slow thinking
- Fatigue in stress, hypoglycemic attacks, low resistance to stress, excessive sensitivity to human sufferance, confusion, anger-anxiety outbursts, quarrelsomeness
- Light and superficial sleep, agitated sleep (tensed in bed), difficulties of falling (back) asleep, excessive anxious thoughts, poor dreaming when asleep
- Poor memory, especially short term memory, low artistic perception, low colour perception, complaints of multiple adrenal cortex hormone deficiencies