

# Get your diploma in Hormone Therapy Speciality




## International Hormone Society

### Hormone Therapy Speciality

The Hormone Therapy Specialty is one of the, if not the, most complete international fellowships in hormone diagnosis and therapy. It provides physicians with practical knowledge and skills in hormone therapies. Excellent to become advanced in hormone therapy as well scientifically as practically in more than 30 hormone therapies. It helps physicians to treat the vast majority of endocrine pathologies, from borderline to overt hormone deficiencies and excesses.



# Why should you as a physician get the complete fellowship in hormone therapy, the Hormone Therapy Speciality?

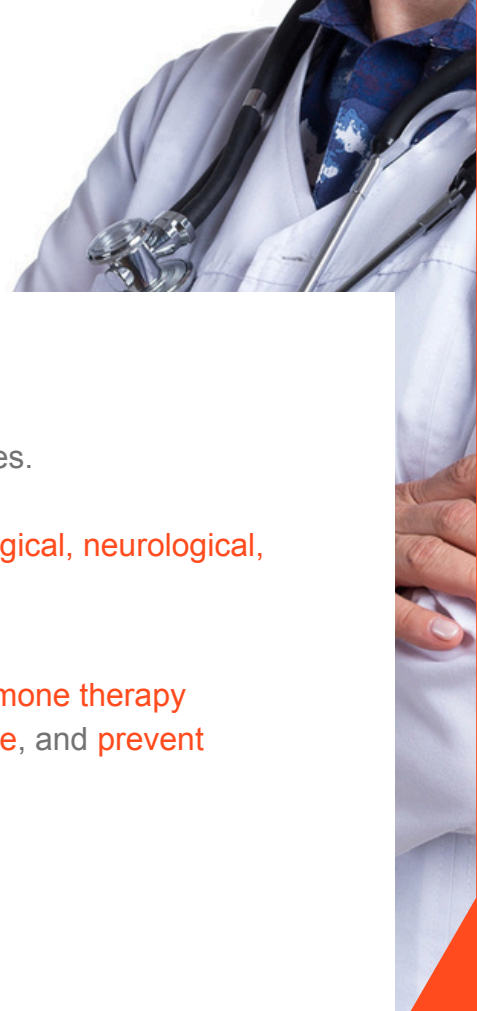
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- + To become **advanced in hormone therapy**: scientific knowledge, and safety and practical administration of **more than 30 hormone therapies** (deficiencies and excesses in thyroid, sexual hormones, DHEA, growth hormone, melatonin, oxytocin, etc.).
  - + To get you an **official certification** for your medical skills in **30 hormone therapies**, acknowledged by the International Hormone Society (IHS) and its president Dr. Thierry Hertoghe.
  - + To raise **enthusiasm**: it is a pleasure for physicians to feel they master the basic and many of the advanced skills in Hormone Therapy.
  - + To **join** the **movement** of more than 2500 physicians of the International Hormone Society; the IHS community.

## Advice

- + The Hormone Therapy Speciality is the most internationally extensive training program in hormone therapy.

# Content

## Hormone Therapy Speciality (fellowship)



### | Cutting-edge information on hormone therapies in the fellowship

Scientific and practical know-how in more than 30 hormone therapies.

Learn more on hormone treatments of diseases, including **psychological, neurological, and age-related disorders, sexuality, aesthetics, and longevity.**

Follow the 38-online lectures, learn how to: **set up a successful hormone therapy consultation**, improving environmental psychological conditions, **cure**, and **prevent diseases** (psychological, neurological, diabetes, cardiovascular)

### | Course list: 38 modules of online videos (more than 180 hours)

- + Hormone therapy consultation: extensive
- + Physical exam for hormone therapy
- + Nutritional & hormone therapy workshop 1
- + Nutritional & hormone therapy workshop 2
- + Hormone mesotherapy workshop
- + Hormone level & therapy optimization
- + Endocrine disorders: Nutritional therapies
- + Endocrine system pollutants
- + The 15 major hormone therapies
- + Thyroid deficiency & treatment
- + DHEA, cortisol, aldosterone & pregnenolone therapies
- + Estrogen & progesterone therapies in women
- + Testosterone therapy in men & women
- + Estradiol & progesterone therapies in men
- + Growth hormone & IGF-1 treatments in adults
- + Melatonin therapy
- + Oxytocin & vasopressin therapies
- + TRH-GHRH-CRH-LHRH-LH-FSH therapies
- + Thymus hormone & extract therapies
- + Relaxin & EPO therapies
- + Pituitary-pineal-adrenal-pancreatic excesses: therapies
- + Thyroid & parathyroid excesses: therapies
- + Sex hormone excess: therapies
- + Diseases: hormone therapies to cure or prevent
- + Neurological diseases: hormone therapies
- + Obesity: basic hormone therapies
- + Diabetes: hormone therapies
- + Cardiovascular diseases: hormone therapies
- + Rheumatoid disorders: hormone therapies
- + Bone hormone therapies
- + Diabetes: nutritional therapies
- + Genital & other cancers: nutritional therapies
- + Aesthetical hormone therapies
- + Male & female disorders: hormone therapies
- + Prenatal & pediatric hormone therapies
- + Longevity & centenarian workshop
- + ACTH & MSH therapies
- + Psychological disorders: basic hormone therapies

# The Exam

## Hormone Therapy Speciality (fellowship)



### | Questions

Multiple choice questions (5 questions)

### | Answers

Only 1 answer per question is allowed

### | Points attributed

+ +1 point for each correct answer

+ -0.2 point for a wrong answer

### | Scores

60% of the points must be obtained

## Costs

The fee for the Hormone Therapy Speciality is €8300, consists of:

+ Learning material

+ Examination fees

(In case of failure: €350 to repass the exam)

## Conditions for the Hormone Therapy Speciality

### 4 Essential conditions

1. Register online: <https://bit.ly/HormoneTherapySpeciality>
2. Payment of 8300 euros (Payment possible by bank transfer or Paypal)
3. University medical doctor's license/diploma or registration in the medical board: Copy to send to [office@hertoghe.eu](mailto:office@hertoghe.eu)
4. Exam: 60% or more of the points must be obtained to pass the exam successfully.

For questions  
contact: [medschool@hertoghe.eu](mailto:medschool@hertoghe.eu) or 00-32 23 79 34 42  
Including to know when or where you can pass the examination

# The Exam

## Examples of questions



Indicate the right answer: The following complaints are typical of testosterone deficiency in women:

- ☐ Poor memory, especially short-term memory loss, reduced color vision, reduced artistic awareness, dry skin
- ☐ Excessive thirst, excess urination (polyuria), poor or underdeveloped muscles, great weakness, sugar cravings, feels transiently better when eating sweets, moments of low alertness, coma possible
- ☐ Unnecessary worrying, hysterical reactions, depression, low or absent libido, low clitoris sensitivity, vaginal pruritus
- ☐ Introvert, interllectual character, low sex drive, difficulties achieving orgasm, easily feeling disturbed by others, greater need for solitude, no or poor close friends
- ☐ None of the above corresponds to the deficiency

Indicate the right answer: Lack of sleep (sleep deprivation) may induce the following changes in serum hormone levels, except one, which one?

- ☐ Lower thyroid hormone (T3 and T4) levels
- ☐ Lower leptin levels
- ☐ Lower Ghrelin levels
- ☐ Higher insulin levels
- ☐ Lower corticosterone levels in animals

Indicate the right answer: Thin lips are a physical signs of:

- ☐ Melatonin deficiency
- ☐ Vasopressin deficiency
- ☐ Hypothyroidism
- ☐ Cortisol deficiency
- ☐ Growth hormone deficiency

